

IZZY HAMILTON

Izzy started sailing and windsurfing at the Upper Tamar lakes in 2001. In 2004 enthused by one of the South West Lakes coaches she started to compete in the local RYA Team 15 race events and went on to win her class in the annual RYA Youth and Masters Championships. As a result of her success she was appointed to the South West Zone Squad 2004-2005. This enabled her to receive training by RYA appointed coaches throughout the south west. In 2005 she competed in a number of regional and national events following which she was appointed to the Under 15 National Squad for 2005-2006.

Membership: RYA Under 17 National Windsurfing Squad; UK Windsurfing Association; South West Lakes.

Sail Number: GBR9587

Achievements:

International :

May 2006:

Represented Britain in the **French National Championships in Lorient.**

Achieved **1st Girl and 2nd Overall in Techno 293 6.8m Class.**

August 2006:

Represented Britain in the **World Windsurfing Championships** in Marsala, Sicily, attained **2nd Girl 6.8m class.**

National Events Organised by UKWA and RYA

Ranked **1st Girl in the UK Windsurfing Association League 2006**

July	Clacton on Sea	1 st Overall.
June	Roadford	1 st Girl, 2 nd Overall.
May	Christchurch	1 st Girl, 3 rd Overall,
May	Whitwell	1 st Girl, 4 th Overall
April	Hove	1 st Girl, 2 nd Overall
April	Marazion	1 st Girl, 3 rd Overall
April	Marazion	1 st Girl, 2 nd Overall
September	RYA Youth and Masters	1 st Girl
October	RYA Zone Squad	1 st Girl

Other Windsurfing Achievements:

Awarded '**The Cartwright Memorial Trophy**' by the RYA for a positive attitude and as an ambassador for the sport.

Awarded the RYA '**all round elite achiever**' and '**best aerobic improvement (girl)**' trophies after regular fitness assessments at Bisham Abbey by RYA Physiologist.

Awarded '**Young Sportswoman of the Year 2006**' by **North Cornwall District Council**

Awarded '**RYA Young Sailor of the Year (South West)**' one of only 13 national finalist for **RYA Young Sailor of the Year Competition 2006**

Other information:

- Attend Budehaven Community Sports College in year 10
- Member of the School's Elite Sport Academy.
- Play hockey for school and member of the county team Member of the North Cornwall Rock Climbing Academy.

- Swim with Bude Sharks Swimming Club.